

## Dental/Medical Health History Form for Adult Patients

### Patient

Date \_\_\_\_\_

Patient's last name \_\_\_\_\_ First name \_\_\_\_\_ Middle initial \_\_\_\_\_

Title Mr. Mrs. Ms. Miss. Dr. Other \_\_\_\_\_ I prefer to be called \_\_\_\_\_

Birth date \_\_\_\_\_ Sex \_\_\_ Male \_\_\_ Female Social Security # \_\_\_\_\_

Marital Status \_\_\_ Single \_\_\_ Married \_\_\_ Separated \_\_\_ Divorced \_\_\_ Widowed

Home address \_\_\_\_\_ City, State, Zip code \_\_\_\_\_

Home phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Cell phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Cell carrier \_\_\_\_\_

Work phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Email Address(es) \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

### Closest Relative / Emergency Contact

Spouse, contact or relatives name(s) \_\_\_\_\_

Title Mr. Mrs. Ms. Miss. Dr. Other \_\_\_\_\_ Relationship to patient \_\_\_\_\_

Address (if different than patient address) \_\_\_\_\_

Home Phone (If different) ( ) \_\_\_\_\_ - \_\_\_\_\_ Cell phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Work phone ( ) \_\_\_\_\_ - \_\_\_\_\_

### Dentist

Dentist \_\_\_\_\_ Address, City, State \_\_\_\_\_

Last seen \_\_\_\_\_ Reason \_\_\_\_\_ Next appointment \_\_\_\_\_

Other dentists/dental specialists now being seen: Name \_\_\_\_\_ City, State \_\_\_\_\_

Reason \_\_\_\_\_

### Physician

Physician \_\_\_\_\_ Address, City, State \_\_\_\_\_

Last seen \_\_\_\_\_ Reason \_\_\_\_\_ Next appointment \_\_\_\_\_

Most recent physical exam \_\_\_\_\_ Other physicians/health care providers being seen now:

Name \_\_\_\_\_ Address, City, State \_\_\_\_\_

Reason \_\_\_\_\_

Name \_\_\_\_\_ Address, City, State \_\_\_\_\_

Reason \_\_\_\_\_

### General Information

What concerns you about your teeth and what would you like orthodontics to accomplish?

Who referred you or suggested that you might need orthodontic treatment? \_\_\_\_\_

Why did you select our office? \_\_\_\_\_

Have you had any previous orthodontic treatment? Please describe. \_\_\_\_\_

Have any other family members been treated in this office? Please name them. \_\_\_\_\_

Do you think that any of your work or leisure activities affect your teeth or jaws? Please explain. \_\_\_\_\_

## Financial Responsibility

Who is financially responsible for this account? \_\_\_\_\_  
Address (if different than page 1) \_\_\_\_\_ City, State, Zip \_\_\_\_\_  
Home phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Cell phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Email address(es) \_\_\_\_\_  
Social Security # \_\_\_\_\_ Driver's License # \_\_\_\_\_

## Dental Insurance

**Primary** policy holder's full name \_\_\_\_\_ Birth date \_\_\_\_\_  
Social Security # \_\_\_\_\_ Relationship to patient \_\_\_\_\_  
Address and phone (if not listed above) \_\_\_\_\_  
Employer \_\_\_\_\_ Address \_\_\_\_\_  
Insurance company \_\_\_\_\_ Group # \_\_\_\_\_ ID# \_\_\_\_\_  
Does this policy have orthodontic benefits? \_\_\_ Yes \_\_\_ No \_\_\_ Don't Know

**Secondary** policy holder's full name \_\_\_\_\_ Birth date \_\_\_\_\_  
Social Security # \_\_\_\_\_ Relationship to patient \_\_\_\_\_  
Address and phone (if not listed above) \_\_\_\_\_  
Employer \_\_\_\_\_ Address \_\_\_\_\_  
Insurance company \_\_\_\_\_ Group # \_\_\_\_\_ ID# \_\_\_\_\_  
Does this policy have orthodontic benefits? \_\_\_ Yes \_\_\_ No \_\_\_ Don't Know

## Medical Insurance

Policy holder's full name \_\_\_\_\_  
Insurance Company \_\_\_\_\_

**Medical History**-Your answers are for office records only, and are confidential. A thorough medical history is essential to a complete orthodontic evaluation.

### Now or in the past, have you had:

Yes No DK/U

- |  |  |
|--|--|
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Birth defects or hereditary problems?     | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Gonorrhea, syphilis, herpes, sexually transmitted diseases?   |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Bone fractures or major injuries?         | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> AIDS or HIV positive?   |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Any injuries to face, head, neck?         | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Hepatitis, jaundice, or other liver problems?                 |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Arthritis or joint problems?              | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Polio, mononucleosis, tuberculosis, pneumonia?                |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Endocrine or thyroid problems?            | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Seizures, fainting spells, neurologic problems?               |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Diabetes or low sugar?                    | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Mental health disturbance or depression?                      |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Kidney problems?                          | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Vision, hearing, or speech problems?                          |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Cancer, tumor, radiation or chemotherapy? | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> History of eating disorder (anorexia, bulimia)?               |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Stomach ulcer, hyperacidity, acid reflux? | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> High or low blood pressure?                                   |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Immune system problems?                   | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Excessive bleeding or bruising, anemia?                       |
| <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> History of osteoporosis?                  | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Chest pain, shortness of breath, tire easily, swollen ankles? |

- Heart defects, heart murmur, rheumatic heart disease?
- Angina, arteriosclerosis, stroke or heart attack?
- Skin disorder (other than common acne)?
- Do you eat a well-balanced diet?

- Frequent headaches or migraines?
- Frequent ear infections, colds, throat infections?
- Asthma, sinus problems, hayfever?
- Tonsil or adenoid condition?
- Do you frequently breathe through your mouth?

**Have you had allergies or reactions to any of the following?**

- Local anesthetics (novocaine, lidocaine, xylocaine)
- Latex (gloves, balloons)
- Metals (jewelry, clothing snaps)
- Penicillin or other antibiotics
- Aspirin or ibuprofen (Motrin, Advil)

- Acrylics
- Plant pollens
- Animals
- Foods
- Other substances: \_\_\_\_\_

**Dental History**

**Now or in the past, have you had:**

- Permanent / extra teeth removed?
- Supernumerary or congenitally missing teeth?
- Chipped or injured primary or permanent teeth?
- Any sensitive or sore teeth?
- Bleeding gums, bad taste or mouth odor?
- Jaw fractures, cysts, infections?
- Any teeth treated with root canals or pulpotomies?
- "Gum boils," frequent canker sores or cold sores?
- History of speech problems or speech therapy?
- Difficulty breathing through nose?
- Food impaction between the teeth?
- Mouth breathing habit or snoring at night?
- Have you ever had an orthodontic consultation or treatment previously?

- Frequent oral habits (sucking finger, chewing pen)
- Teeth causing irritation to lip, cheek or gums?
- Abnormal swallowing (tongue thrust)?
- Tooth grinding or clenching?
- Clicking, locking in jaw joints?
- Soreness in jaw muscles or face muscles?
- Ringing in ears, difficulty chewing or opening jaw?
- Have you ever been treated for "TMJ" or "TMD" ?
- Any broken or missing fillings?
- Any trouble with previous dental treatment?
- Have you ever been diagnosed with gum disease?
- Have you ever had an injury to your mouth, teeth, or face? \_\_\_\_\_

**Patient Health Information**

List any medication, nutritional supplements, herbal medications or non-prescription medicines, including fluoride supplements that are currently being taken.

Medication \_\_\_\_\_ Taken for \_\_\_\_\_

Medication \_\_\_\_\_ Taken for \_\_\_\_\_

Medication \_\_\_\_\_ Taken for \_\_\_\_\_

Have you ever taken any medications to strengthen your bones? Please describe. \_\_\_\_\_

Do you take antibiotic pre-medication before any dental procedures? \_\_\_\_\_

Do you or have you ever had a substance abuse problem? \_\_\_\_\_

Do you chew or smoke tobacco? \_\_\_\_\_

Have you noticed any changes in your face or jaws? \_\_\_\_\_

List any other physical problems? \_\_\_\_\_

How often do you brush? \_\_\_\_\_ How often do you floss? \_\_\_\_\_

Women: Are you pregnant? \_\_\_Yes \_\_\_ No Trying to become pregnant? \_\_\_ Yes \_\_\_ No Taking birth control? \_\_\_Yes \_\_\_No

**Family Medical History**

Have your parents or siblings ever had any of the following health problems? If so, please explain. \_\_\_\_\_

Bleeding disorders \_\_\_\_\_ Diabetes \_\_\_\_\_

Arthritis \_\_\_\_\_ Severe allergies \_\_\_\_\_

Unusual dental problems \_\_\_\_\_ Jaw size imbalance \_\_\_\_\_

Other family medical conditions? \_\_\_\_\_

**Release and Waiver**

I authorize release of any information regarding my orthodontic treatment to my dental and/or medical insurance company.

Signature \_\_\_\_\_ Date \_\_\_\_\_

I have read the above questions and understand them. I will not hold my orthodontist or any member of his/her staff responsible for any errors or omissions that I have made in the completion of this form. I will notify my orthodontist of any changes in my medical or dental health.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Medical History Updates or Changes**

Changes \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Dental Staff Signature \_\_\_\_\_ Date \_\_\_\_\_

Changes \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Dental Staff Signature \_\_\_\_\_ Date \_\_\_\_\_

I verbally reviewed the medical/dental information above with the patient named herein.

\_\_\_\_\_ Date \_\_\_\_\_ Doctor Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Comments \_\_\_\_\_